

NMDHA Scientific Session 2025

Indian Pueblo Cultural Center

2401 12th St NW, Albuquerque, NM 87104

FRIDAY, OCTOBER 24, 2025

7:30 - 8:15 am: Check- in, Continental Breakfast, Exhibits

8:15 - 8:30 am: Welcome from NMDHA President Christie Baca-Garcia, RDH, BSDH

8:30 – 10:00 am *Chaco I-II Room*

Treating Periodontal Disease in the Post-Antibiotic Age Sponsored by PerioProtect®



Tanya Dunlap, PhD is a Vice President at PerioProtect®, where she has worked since 2005. For several years she served as the research liaison for the company. She helped design controlled clinical trials and worked with microbiologists evaluating Perio Tray therapy. Her expertise on this adjunctive periodontal therapy is grounded in the research, explaining how the prescription trays work, and which patient candidates can benefit from them.

Course Description:

Treating periodontal disease not only improves oral health, it also reduces a chronic infectious burden on patients' immune system. Unfortunately, it is one of the most underdiagnosed diseases. It is also difficult to treat successfully. 47% of American adults over 30 have periodontitis. The disease rate climbs to 70% for those 65 years and older.

Antibiotics have been prescribed for decades and still the incidence of disease is high. You can treat active gingival infections with long-term success using adjunctive prescription tray delivery of hydrogen peroxide gel deep into periodontal pockets. Research shows that this delivery combined with SRP leads to more significant pocket depth and bleeding reductions than SRP alone (www.perioprotect.com/research).

Perio Tray therapy also makes your restorative work better and your practices significantly more successful. Attend this presentation to learn the science behind the delivery, case presentation ideas, and everyday business calculations.

10:00 - 10:30 am: Break and Exhibits Open

FRIDAY, OCTOBER 24, 2025

10:30 - 12:00 pm Chaco I-II Room

“Good Vibrations or Bad Vibes: What are you Getting from Your Power Instruments?”

presented by Nancy Miller, RDH, BA Sponsored by Hu-Friedy



Nancy Miller, RDH, BA owns **ultraconcepts** specializing in power instrumentation instruction, is a **Key Opinion Leader** and product evaluator for **Hu-Friedy Group** since 1995, a clinical advisor for **Jameson Group** since 1998, and is a panelist on the **Cellerant Group** for Best of Class Hygiene Awards debuting in 2021. She is a hygiene clinician and life enthusiast in Green Bay, Wisconsin, where she resides and plays nicely with others..... 😊

Course description:

Staying current with clinical applications of power instruments has a new level of importance in this era of technology and the Oral Systemic Link research. Understanding how to get the most out of power scalers and air polishers leads to more time efficiency, better treatment results, and better ergonomics for the hygienist.

12:00 - 1:00 pm: Lunch, Exhibits Open

Visit the NMDHA Booth
and see how you can make a difference!

Please support the HYPAC Raffle

Drawing to be held Saturday, October 25, 2025

Need not be present to win.

The NMDHA HYPAC supports candidates whose political principles promote the highest quality oral health initiatives for the citizens of New Mexico.

Mail donations can be sent to NM HYPAC:
Valoree Althoff, RDH, HYPAC Treasurer,
5 Road 3779 Farmington, NM 87401

[Click/tap here to donate](#)

FRIDAY, OCTOBER 24, 2025

1:30 – 3:00 pm *Chaco I-II Room*

Foundations in Dental Hygiene: Essential Tips and Strategies for Dental Hygienists

Presented by Brittany Glauz, RDH, BSDH Sponsored by GUM and Brycon



Britt Glauz, BSDH, RDH is the creator of *Brush with Britt*. She has been able to leverage her knowledge and expertise to provide invaluable guidance and support to dental hygienists everywhere, inspiring them to advance their careers. With a following on TikTok, Instagram, and a podcast with more than 75 episodes, Britt's impact on the industry is undeniable. She is dedicated to advancing the careers of dental hygienists through inter-professional collaboration and medical-dental integration.

Course description:

Foundations in Dental Hygiene: Essential Tips and Strategies for Dental Hygienists is a comprehensive course designed to help dental hygienists navigate their transition to the professional world. This course covers a range of essential topics critical to success in dental hygiene, including communication skills, effective networking, and mentorship. By the end of the course, participants will have the confidence and tools to succeed and advance their careers as dental hygiene professionals.

“Meet and Greet” with Britt afterwards from 3:00 to 3:30 pm

Attention Educators: *Chaco III Room*

1:30 - 3:00 pm: Dental Educators' Meeting

**WELCOME TO ALL NEW MEXICO DENTAL
HYGIENE STUDENTS AND 2025 GRADUATES!**

Doña Ana Community College

PIMA Medical Institute

San Juan College

University of New Mexico

Meet up with colleagues for fun, food and relaxation before heading home!

Nearby recommendations: 12th St. Tavern; Sixty-Six Acres (across the street from IPCC)

SATURDAY, OCTOBER 25, 2025

8:00 - 8:30 am: Check-in, Breakfast, Exhibits

8:30 - 10:30 am: *Silver/Turquoise*

What is Airway Dentistry and How Does it Fit into a Hygiene Appointment?



Dr. Billie Adams, a graduate of Creighton University School of Dentistry, currently practices general dentistry in her private practice in Albuquerque. Her practice focus is comprehensive dental care, with an emphasis on function. Dr. Adams' journey in dental sleep medicine first began with adults and oral appliance therapy, which led her to focus on early intervention and pediatric sleep disordered breathing and pediatric obstructive sleep apnea. She has worked diligently to establish a multidisciplinary team, including sleep physicians, ENTs, surgeons, and therapists, to support this mission and optimize patient care. Dr. Adams is a member of ASAP (Airway, Sleep, And Pediatric Pathway), World Dentofacial Sleep Society, The American Academy of Sleep Medicine, Academy of Laser Dentistry, and a graduate of the Tufts University Pediatric Dental Sleep Medicine Mini-Residency.

Course description: This lecture will touch on the importance of quality of breathing, the oral anatomy and physiology that can influence that quality, and the impacts dysfunctional breathing has on oral health and whole-body health. The goal for this presentation is to have all participants walk away with a new perspective and appreciation for screening airways in their hygiene patients.



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Please thank our exhibitors and Sponsors!



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Celebrate!
October is
National Dental Hygiene Month

SATURDAY, OCTOBER 25, 2025

10:30 - 11:00 am: Break and Exhibits Open

11:00 – 12:00 pm: *Silver/Turquoise Room*

The Essentials of Myofunctional Therapy: Unlocking its Power for Better Health Presented by Jaimie Meihaus, MS, RDH, OMT



Jaimie Meihaus, MS, RDH, OMT is a dental hygienist and orofacial myofunctional therapist with over a decade of clinical experience. She earned her degree in dental hygiene from Doña Ana Community College in 2014 and her master's in dental hygiene at the University of New Mexico.

Jaimie's passion for myofunctional therapy began when she discovered both of her children were affected by tongue ties and chronic mouth breathing. This experience sparked her commitment to helping others identify and treat orofacial myofunctional disorders.

She is the founder of *Myo Form & Function*, a telehealth-based myofunctional therapy practice focused on airway health and restoring optimal oral function. Jaimie is dedicated to bridging traditional dental hygiene with whole-health, airway-centered care and empowering patients to recognize the connection between airway issues and muscle dysfunction.

Course Description:

This course will focus on understanding myofunctional therapy and how it can benefit patients suffering from a variety of conditions. Participants will learn how to identify orofacial myofunctional disorders and how to discuss these disorders with their patients. Participants will receive an introduction to myofunctional therapy including goals of therapy, basics of performing therapy and examples of exercises that may be given during a therapy program. At the end of this course, participants will be able to identify patients who can benefit from therapy, understand common misconceptions surrounding myofunctional disorders and gain confidence in discussions with patients and their families regarding these disorders and referral options.

12:00 - 1:00 pm: Lunch with Raffle; Exhibits Open *Silver/Turquoise Room*

1:00 - 2:30 pm: General Membership Meeting, Elections and Installation
Please attend to hear important information!

2:30 – 3:00: NMDHA Board of Trustees Meeting